

# Benediction Prayers

## O SALUTARIS

O salutaris Hostia, Uni trinoque Domino  
Quae caeli pandis ostium, Sit sempiterna Gloria:  
Bella premunt hostilia, Qui vitam sine termino  
Da robur, fer auxilium. Nobis donet in patria. Amen.

## TANTUM ERGO

Tantum ergo Sacramentum Genitori, Genitoque  
Veneremur cernui: Laus et jubilatio,  
Et antiquum documentum Salus, honor, virtus quoque  
Novo cedit ritui: Sit et benedictio:  
Praestet fides supplementum Procedenti ab utroque  
Sensuum defectui. Compar sit laudatio. Amen.

✠ Panem de caelo praestitisti eis

✠ Omne delectamentum in se habentem.

✠ Oremus.

Deus, qui nobis sub Sacraménto mirábili, passiónis tuæ memóriam reliquisti: tríbue, quæsumus, ita nos Córporis et Sánguínis tui sacra mystéria venerári, ut redemptiónis tuæ fructum in nobis júgiter sentiámus. Qui vivis et regnas in sæcula sæculórum.

✠ Amen.

✠ You have given them bread from heaven

✠ Having all sweetness within it.

✠ Let us pray.

Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this sacrament of Your Body and Blood, help us to experience the salvation You won for us and peace of the kingdom where You live with the Father and the Holy Spirit, one God, for ever and ever.

✠ Amen.

## THE DIVINE PRAISES

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

## PRAYER BEFORE THE BLESSED SACRAMENT

O Sacrament most Holy, O Sacrament Divine, all praise and all thanksgiving be every moment Thine.

May the Heart of Jesus in the most Blessed Sacrament of the Altar, be praised, adored and loved, with grateful affection at every moment in all the tabernacles of the world even until the end of time. Amen.

## PRAYER FOR THE POPE

O almighty and eternal God, have mercy on Your servant N., our Pope, and direct him according to Your clemency into the way of everlasting salvation, that he may desire by Your grace those things that are agreeable to You and perform them with all his strength. Through Christ Our Lord. Amen.

## PRAYER FOR VOCATIONS

Lord Jesus Christ, shepherd of souls, who called the Apostles to be fishers of men, raise up new apostles in Your holy Church. Teach them that to serve You is to reign, to possess You is to possess all things. Kindle in the young hearts of our sons and daughters the fire of zeal for souls. Make them eager to spread Your kingdom upon earth. Grant them courage to follow You, who are the Way, the Truth and the Life, who lives and reigns for ever and ever. Amen.

## THE NICENE CREED / PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made. For us men and for our salvation He came down from heaven, [bow] and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins, and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## PRAYER BEFORE THE CRUCIFIX

Look down upon me, good and gentle Jesus, while before Your holy cross, I humbly kneel, and with a burning soul, pray and beseech You to fix deep in my heart lively sentiments of faith, hope and charity, a true repentance for my sins, and a firm purpose of amendment, while I call to mind with great love and affection, Your five most precious wounds, pondering over them within me and calling to mind the words of David, Your prophet, "They have pierced my hands and feet; they have numbered all my bones."

## ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O Good Jesus, hear me. Within Your wounds hide me. Suffer me not to be separated from Thee. From the malicious enemy defend me. At the hour of death call me, and bid me to come to Thee, that with Your angels and saints I may praise Thee forever and ever. Amen.

## PRAYER OF ST. IGNATIUS OF LOYOLA

O Lord, take my freedom, my memory, my understanding and even my entire will. Whatever I have or cherish, You have given me. I surrender it all to You to be guided by Your will. Your grace and Your love are wealth enough for me. Give me these, and I ask for nothing more. Amen.

## SPIRITUAL COMMUNION

My Lord and my God, I firmly believe that You are here, that You see me, that You hear me. I adore You with profound reverence! I beg pardon for my sins and the grace to spend this time fruitfully. My Immaculate Mother, St. Joseph, my father and lord, and my Guardian Angel, intercede for me. Amen.

## PRAYER TO ST. MICHAEL

St. Michael the Archangel, defend us in battle; be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou, O prince of the heavenly host, by the power of God, cast into hell Satan and all other evil spirits who prowl about the world, seeking the ruin of souls. Amen.

## PRAYER FOR PRIESTS

Father, You have appointed Your Son, Jesus Christ, eternal High Priest. Guide those He has chosen to be ministers of His word and sacraments and help them to be faithful in fulfilling the ministry they have received. Grant this through Our Lord Jesus Christ, Your Son, who lives and reigns with You and the Holy Spirit, one God for ever and ever. Amen.

CATHOLIC CHURCH  
**ST. VERONICA**

3460 Centreville Rd., Chantilly, VA 703-773-2000



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PLEASE LEAVE IN THE PEW.

# The Holy Rosary

## JOYFUL MYSTERIES

Annunciation  
Visitation  
Nativity  
Presentation  
Finding of Jesus in the Temple

## LUMINOUS MYSTERIES

Baptism of Jesus  
Wedding Feast at Cana  
Proclamation of the Kingdom  
Transfiguration  
Institution of the Eucharist

## SORROWFUL MYSTERIES

Agony in the Garden  
Scourging at the Pillar  
Crowning with Thorns  
Carrying of the Cross  
Crucifixion

## GLORIOUS MYSTERIES

Resurrection  
Ascension  
Descent of the Holy Spirit  
Assumption of Mary  
Coronation of Mary

### THE FATIMA PRAYER

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of Thy mercy.

### HAIL, HOLY QUEEN

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

✠ Pray for us, O holy Mother of God,

℟ That we may be made worthy of the promises of Christ.

✠ Let us pray.

℟ O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant we beseech Thee that, meditating on these mysteries in the most holy rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ Our Lord. Amen.

### POPE LEO XIII'S PRAYER FOR RELIGIOUS LIBERTY

O God, our refuge and our strength, look down with favor upon Thy people who cry to Thee; and through the intercession of the glorious and immaculate Virgin Mary, Mother of God, of her spouse, Blessed Joseph, of Thy holy apostles, Peter and Paul, and of all the saints, mercifully and graciously hear the prayers, which we pour forth to Thee, for the conversion of sinners and the liberty and exaltation of Holy Mother the Church, through the same Christ Our Lord. Amen.

### THE MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help or sought thy intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother. To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

### PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of Your faithful and enkindle in them the fire of Your love.

✠ Send forth Your Spirit, and they shall be created,

℟ And You shall renew the face of the earth.

✠ Let us pray.

℟ O God, who by the light of the Holy Spirit did instruct the hearts of Thy faithful, grant that by the same Spirit we may be truly wise and ever rejoice in His consolation. Through Christ Our Lord. Amen.

### PRAYER TO ST. VERONICA

St. Veronica, you gave Christ a towel on His way to Calvary that He used to wipe the precious blood from His holy face. In return for this great act of kindness He left you His most holy image on the towel. Pray for us to Our Lord that His holy face may be imprinted on our hearts so that we may be always mindful of the passion and death of Our Lord Jesus Christ, through the same Christ Our Lord. Amen.

### THE ANGELUS

✠ The angel of the Lord declared unto Mary,

℟ And she conceived by the Holy Spirit. Hail Mary . . . .

✠ Behold the handmaid of the Lord.

℟ Be it done unto me according to thy word. Hail Mary. . . .

✠ And the Word was made flesh [*genuflect or bow*],

℟ And dwelt among us. Hail Mary . . . .

✠ Pray for us, O holy Mother of God,

℟ That we may be made worthy of the promises of Christ.

✠ Let us pray.

℟ Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection, through the same Christ Our Lord. Amen.

### THE REGINA CAELI

✠ O Queen of heaven, rejoice, alleluia:

℟ For He whom you did merit to bear, alleluia,

✠ Has risen as He said, alleluia.

℟ Pray for us to God, alleluia.

✠ Rejoice and be glad, O Virgin Mary, alleluia,

℟ For the Lord is truly risen, alleluia.

✠ Let us pray.

℟ O God, who gave joy to the world through the resurrection of Your Son, Our Lord Jesus Christ, grant we beseech You that through the intercession of the Virgin Mary, His Mother, we may obtain the joys of everlasting life, through the same Christ Our Lord. Amen.

### CHAPLET OF DIVINE MERCY

*Begin with:*

Our Father, Hail Mary, and The Apostles' Creed

*Then, on the Our Father Beads say:*

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

*On the Hail Mary Beads say:*

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

*In conclusion, say three times:*

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

### MORNING OFFERING

O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.

### PRAYER TO ST. JOSEPH FOR PROTECTION

O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, I place in you all my interests and desires. O St. Joseph, do assist me by your powerful intercession and obtain for me from your divine Son all spiritual blessings, through Jesus Christ Our Lord, so that having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of Fathers. O St. Joseph, I never weary contemplating you, and Jesus asleep in your arms. I dare not approach while He reposes near your heart. Press Him in my name and kiss His fine head for me, and ask Him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls, pray for me.

### ACT OF CONTRITION

O my God, I am heartily sorry for having offended You, and I detest all my sins because of Your just punishments, but most of all because they offend You, my God, who are all-good and deserving of all my love. I firmly resolve with the help of Your grace to sin no more and to avoid the near of occasion of sin. Amen.